

Opening Prayer

O glorious St. Joseph,
you were chosen by God the Father
to father the Son of God
and to be the chaste spouse of Mary, ever Virgin.

You were divinely ordained
to exercise charitable authority
over the household of the Holy Family,
that human icon of the Triune God.

Most confidently I ask your powerful help
in obtaining the restoration and redemption of
fatherhood.

Shield all fathers with your fatherly protection,
that they may be, like you, living icons of God the Father,
leaders who transmit God's strength, mercy, benevolence,
and love to their wives and children.

St. Joseph, please accept this entrustment of myself
which I now make to you.
I dedicate myself and my fatherhood wholly to you,
that you may ever be my father, my patron, and my guide
in the way of salvation.

Be my shield against the evil one,
that I may be a shield to my family.
Obtain for me great purity of heart
and a fervent devotion to the interior life.

Grant that, following your example,
I may entrust myself wholly to the Holy Virgin Mother
and direct all my actions to the glory of the Father
in union with His Son Jesus Christ.

St. Joseph may my fatherhood, like yours,
be hidden, silent and humble
so that it may reveal the greatness
of our hidden Father in heaven.

Come Holy Spirit.
As you directed St. Joseph in all of his ways
that he might lead his family,
now direct us,
that we may follow his holy example
and glorify the Almighty Ever living God.

Amen.

Fathers of St. Joseph Creed

I, (insert name),
believe that God our Father
has created and chosen me
through His Most Holy and Beloved Son,
and has conferred upon me an indispensable mission,
that by the working and grace of the Holy Spirit
I am to fulfil to the best of my ability;
for if I do not, no one else will.

Therefore, I commit myself to following
the timeless wisdom and ageless example
of my mentor, father and guide, St. Joseph,
by embodying the four pillars
that were foundational to his way
of devoutly, heroically, and faithfully
fulfilling the holy will
of the Almighty Triune God:

- embrace silence
for the purpose of receiving divine counsel
and to live in communion with God;
- to embrace my wife,
and to be a sacrificial Christ for her,
as St. Joseph was a super-human oblation
for the most Blessed Virgin Mary his betrothed;
- to embrace my child (children) as Christ
in the manner that St. Joseph
received the Son of God,
that my child (children) become like Christ,
a holy and pleasing sacrifice unto God;
- and lastly to assume my charitable authority
as bishop and priest of my domestic church,
who offers the sacrifice of self
for the salvation of the members of my family.

With resolute determination,
I vow with all strength imparted to me,
to be a faithful son of God and Holy Mother Church,
a husband in the image
of the divine bridegroom Jesus Christ,
and to be, like St. Joseph
a father on earth like the Father in heaven.

St. Joseph exemplar of all fathers,

Ora Pro Nobis



Closing Prayer

O St. Joseph predestined and chosen by God from among men,
you received the glorious honor
of being the chaste, guardian
of the Most Blessed Virgin Mary.

Inflamed with divine love
you received her as your beloved wife
and through her God bestowed upon you
the most privileged distinction
of being the virginal father of God the Son.

As a living reflection of the Heavenly Father,
you protected the Christ child from Herod,
thus becoming the savior of the Savior.

You accepted Jesus' humble submission
to your fatherly authority
and thus became the master of the Master.

As a hidden king
you conferred upon Jesus the Davidic kingship
and thus became the king of the King of Kings.

With untiring joy
you labored to nurture
the human soul and flesh of Jesus
giving bread to the Bread of Life.

Most gentle and generous father,
look upon this, your indigent child,
and see that I too need your care and protection.

O chaste heart
that burned with love for Jesus and Mary
teach me, your humble servant,
to be devoted entirely to Mary
and to worship the Lord Jesus
with my entire being
that I too may become a living reflection
of God our Father.

O master of the interior life,
you faithfully and promptly
fulfilled the divine commands.

Your humble obedience
has elevated the vocation of fatherhood
as a certain means to sublime sanctity
and eternal glory.

Desiring to follow your holy example,
I embrace my vocation
to be a most chaste husband,
a living icon of God the Father,
and a just guardian and guide

that my family may become like yours,
a holy family.

Therefore, most glorious,
and humble spiritual father,
today before the heavenly host,
I surrender myself, my marriage, my fatherhood,
my family, my labors, my merits,
all that I am and have,
unreservedly and totally to you,
and consequently to Mary my Queen
and most holy Mother,
that you may always be my parents
in the order of grace
and that I may forever be your son.

As you and Mary consecrated
the Son of God to God the Father,
consecrate me also,
that I may be set apart
for holy service to God most high.

I beseech you,
as you prepared Christ
for His ultimate sacrifice,
prepare me also
that I may attain
the fullness of divine sonship.

Most humble, silent, and hidden father,
I surrender all to you
that my fatherhood may glorify
God the Father of glory
in this age and the age to come,
forever without end,

Amen.

